

THE ROCK

THE NEWSLETTER OF ROCKAWAY OLYMPIC CANOE AND KAYAK CLUB
LATE FALL, 2010

ROCK MEMBER IN TOP TEN IN MAYORS CUP, 08/14/2010. ROCK member Borys Markin raced in this year's around-Manhattan Mayors Cup, in the Elite Open - Sufski – Male division. Borys finished in seventh place with a time of 3:42:49. Sean Rice won the race with a time of 3:17:08.

Borys says, "I really pulled ahead on the Harlem River, because the water's so flat. For a while, I paddled at a K1/1000 pace, passed everyone and was in the lead. But I knew I couldn't keep it up for another two hours. As soon as I hit the rough water of Hell's Gate, I slowed down and was overtaken. My new Nelo surfski performed well, but I need more open water practice in it".



Borys paddling in the Mayors Cup

ROCK MEMBERS EXCEL AT MIDDLE STATES REGATTA, 10/09/2010. Dean Bass and Mimi Rogers paddled in this Potomac River race, sponsored by the Washington Canoe Club. Both won gold medals in bantam-level canoe and kayak. Dean and Mimi are graduates of ROCK's *Canoe/Kayak Training Program for Kids*. This was their first "away" race. Congratulations!

ROCK MEMBERS EXCEL AT WCC MASTERS REGATTA, 10/10/2010.

This year's Washington Canoe Club Masters Regatta was well-attended by ROCK, with about fifteen members racing and more providing team support.

The 5K event was unusually well attended, with about forty paddlers competing, making it a particularly exciting race. ROCK members did well in it, winning gold in several of the age and gender categories.

Some other highlights:

Alek Ambotas won several events including the Men's 45-55 K1/500;

Ivan Kirev and Jan Lupinski won the Men's 35-45 K2/500 .

Beate Fekete and Borys Marking won the Mixed 25-35 K2 race.

New member Pilar Sanz-Rogers, together with Alek Ambotas, won the Mixed 45-55 K2/500.

Rimas, normally a canoeist, took up a double-bladed paddled and helped Bill Menke, Henry and Bob win the Men's 55-65 K4/500.



Jan, Vadim, Andre and Borys win in K4

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